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HONDURAS**



## PROJECT

### STRENGTHENING ADOLESCENT REPRODUCTIVE HEALTH IN HONDURAS USAID/ HEALTHY YOUTH HONDURAS

QUARTER 4 NARRATIVE REPORT FY 2014

COOPERATIVE AGREEMENT: NO. AID 522-A-13-00001



Non-schooled teens participate in educational activities.



Working area of the Healthy Youth Project

July 1st - September 30 th, 2014.

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## ACRONYMS

|            |  |
|------------|--|
| AHMF       | Asociación Hondureña Mujer y Familia   |
| AJH        | Alianza Joven Honduras   |
| AMDA       | Asociación de Médicos de Asia  |
| ASHONPLAFA | Asociación Hondureña de Planificación Familiar   |
| ASJ        | Asociación por una Sociedad más Justa  |
| ASRH       | Adolescent Sexual and Reproductive Health  |
| BCC        | Behavior Change Communications   |
| CARSI      | Central America Regional Security Initiative   |
| CASM       | Comisión de Acción Social Menonita   |
| CDC        | Center for Disease Control and Prevention  |
| CDH        | Centro de Desarrollo Humano  |
| CEB        | Centro de Educación Básica   |
| CEPROSAF   | Centro de Promoción en Salud y Asistencia Familiar                                       |
| CIPRODEH   | Centro de Investigación y Promoción de los Derechos Humanos                              |
| COCSIDA    | Centro de Orientación y Capacitación en SIDA   |
| COMVIDA    | Comunicación y Vida  |
| COPEITSA   | Comité Comunitario para la Prevención de Embarazos no Planificados e ITS en Adolescentes |
| CSO        | Civil Society Organization   |
| COSOCITELA | Coalición de la Sociedad Civil de Tela   |
| DDM        | Dashboard Decision Making  |
| DHS        | Demographic Health Survey  |
| ENAPREAH   | National Adolescent Pregnancy Prevention Strategy  |
| FEREMA     | Foundation Ricardo Ernesto Maduro  |
| FP         | Family Planning  |
| FUNADEH    | Fundación Nacional para el Desarrollo de Honduras  |
| HIV/AIDS   | Human Immunodeficiency Virus/Acquired Immunodeficiency Syndrome                          |
| IHSS       | Instituto Hondureño de Seguridad Social  |
| INFOP      | Instituto Nacional de Formación Profesional  |
| INJ        | Instituto Nacional de la Juventud  |
| IPC        | Interpersonal Communications   |
| MAP        | Measuring Access and Performance   |
| MARPs      | Most-at-risk-populations   |
| M&E        | Monitoring and Evaluation  |
| MOE        | Ministry of Education  |
| MOH        | Ministry of Health   |
| MSH        | Management Sciences for Health   |
| NGO        | Non-Governmental Organization  |
| OCs        | Outreach Centers   |
| PAIA       | Programa Nacional de Atención Integral al Adolescente                                    |
| PASMO      | Pan American Social Marketing Organization   |
| PDA        | Programa de Desarrollo de Área   |

|         |   |
|---------|---|
| PERFORM | Performance Framework for Social Marketing and Communications       |
| PMP     | Performance Monitoring Plan   |
| PNPRRS  | Programa Nacional de Prevención Rehabilitación y Reinserción Social |
| PSI     | Population Services International                                   |
| RH      | Reproductive Health   |
| SAM     | System Activity Monitoring  |
| SRH     | Sexual and Reproductive Health                                      |
| STI     | Sexually Transmitted Infection                                      |
| TRAC    | Tracking Results Continuously                                       |
| UIC     | Unique Identification Code  |
| ULAT    | Unidad Local de Apoyo Técnico                                       |
| UNAH    | Universidad Nacional Autónoma de Honduras                           |
| UNFPA   | United Nations Population Fund                                      |
| USAID   | US Agency for International Development                             |

## I. EXECUTIVE SUMMARY

PSI/PASMO presents the quarterly report from **July to September 2014** of the Project “Strengthening Adolescent Sexual and Reproductive Health in Honduras” (Healthy Youth Project), technically and financially supported by the United States Agency for International Development (USAID), through Central America Regional Security Initiative (CARSI), for the period October 12, 2012 – October 12, 2015.

This report presents the processes, achievements, challenges and most important lessons learned in this quarter; plus a summary of the progress of fiscal 2014, compared to the results and goals outlined in the Healthy Youth Project.

The achievements for the period **July to September 2014** are as follows:

- 13,112 **schooled and non-schooled adolescents** and young people exposed to pregnancy prevention messages through various educational interventions within and outside school.
- 9,875 **schooled** adolescents and young peoples (4th-9th grade), exposed to pregnancy prevention messages in classrooms through the Methodological Guides Caring for my Health and my Life of the Secretariat of Education.
- 1,876 **non-schooled** adolescents and young people exposed to pregnancy prevention messages through educational interventions (PASMO educational) in coordination with community organizations and CARSI partners (CDA, NGOs, Police, public spaces).
- 132 teachers from educational centers who participated in planning meetings and monitoring to strengthen the implementation process of the Methodological Guides Caring for my Health and my Life of the Secretariat of Education.
- 47 link teachers between PASMO and educational centers who participated in the First Meeting of Leading Teachers in the implementation of the Methodological Guides Caring for my Health and my Life.
- 2 theater groups (schooled young people), winners in regional theater festivals COMVIDA (Central and Northern Zone).

- 494 parents exposed to messages about the importance of their sons/ daughters to participate in education on sexual and reproductive health, with emphasis on adolescent pregnancy prevention, STIs / HIV.

In terms of USAID financial execution, PSI / PASMO has executed during quarter 4 fiscal year 2014 a total of \$ 144,230.02 and cumulative total project until Q4 FY 2014 \$ 925,176.80; the execution represents 78, 7% of the \$ 1,175,000 total budget.

## II. PROJECT CONTEXT AND OBJECTIVES

### National Context:

With a population of 8.5 million habitants, Honduras presents the highest teenage pregnancy rates of the region (24%), and only a 14.1% of the women between the ages of 15 and 19 report using modern methods of family planning<sup>1</sup>. Additionally, the population mostly affected by HIV in Honduras is the group of 15 to 29 years of age<sup>2</sup>.

In Honduras, the average age for sexual initiation in young people, from ages 15 to 24, is 14.7 years. In spite of the high levels of awareness of condom use as an effective method of HIV prevention and on how to obtain them, only a 9% of the youngsters report use of condoms during their first sexual intercourse experience and a 61% made use of condoms during their last sexual intercourse experience.<sup>3</sup>

The Ministry of Education holds the lack of education in “sexual and reproductive health among teenagers” in schools, as responsible for this situation. Furthering the problem even more, are the low rates of school enrollment in the country: 75.5% of the youth between aged 12 to 14 assist school but this figure drops to a 45.2% for teenagers between ages 15 to 19.<sup>4</sup> Additionally, only 19.4% of individuals between the ages of 20 to 24 assist educational institutions and only a 36.4% of the young people graduate from high-school. Given these low school-enrollment rates, interventions should focus on both the young people who attend school - especially in the group of 10 to 14 years of age - as well as the individuals that are out-of school (not enrolled), particularly for groups aged 14 and older<sup>5</sup>. Recent political changes in the country have created a suitable environment for sexual and reproductive health among teenagers. The Ministry of Health’s declaration advocates for the inclusion of SRH in schools, and the government’s position concerning the youth gives priority to the universal access to education and services in SRH for teenagers.

### Project Context:

Based on the situation described above, as well as national statistics and factors, the Healthy Youth project is being developed by Population Services International (PSI) and its local affiliate, the Pan-American Social Marketing Organization (PASMO), since October 2012, and is joining efforts with the private and public sector to achieve results in SRH among teenagers and young people between 10 to 24 years of age.

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<sup>1</sup> Demographic and Health Survey (DHS) – Honduras 2011-12. INE/Secretaría de Salud / ICF International, Obtained July 13, 2013.

<sup>2</sup> Honduras Ministry of Health Powerpoint Presentation. (2011). Teen Pregnancy (Embarazo en la adolescencia) Comprehensive

Youth Care program.

<sup>3</sup> Population Services International/Pan American Social Marketing Organization. (2011). TRaC study on Evaluation of healthy

behaviors among youth or adolescent. Washington, DC. Population Services International

<sup>4</sup> Demographic and Health Survey (DHS) – Honduras 2011-12. INE/Secretaría de Salud / ICF International, Obtained July 13, 2013

<sup>5</sup> A study by the Honduran Secretary of Education (as cited in Honduras Ministry of Health Power Point Presentation (2011)).

The “Healthy Youth” project is supported technically and financially by the United States Agency for International Development agency (USAID) through the Central America Regional Security Initiative (CARSI) in association with the Embassy of Finland and the SUMMIT Foundation, and is being executed within the frame of the National Strategy for pregnancy prevention among teenagers that is being forwarded by the Ministry of Health.

**Objective:**

The project’s main objective is: To improve health outcomes among teenagers (aged 10-24) in vulnerable urban and North Coast regions of Honduras, who are at-risk of unintended pregnancies and STIs). To achieve this objective, PSI/PASMO develops activities and processes framed within the following results:

- **Result 1:** To increase awareness on sexual and reproductive health among teenagers and young people.
- **Result 2:** To increase the use of modern contraceptive methods.
- **Result 3:** To reduce the rate of pregnancies on teenagers.

To achieve these results PSI/PASMO implements a Communication for Behavioral Change (BCC) campaign based on evidence to increase the awareness and use of reproductive health products and services in different “at-risk” groups through health education, and referrals to sexual and reproductive services that are youth-friendly, as well as through social communication media. Furthermore, it is promoting and extending its Club in Connection Program aimed at urban youth through different channels of communication. The Program has aligned its activities with the social marketing of condoms and it focuses on strengthening links to youth-friendly sexual and reproductive health products and services.

The establishment of partnerships and collaboration agreements with associates from the CARSI strategy are being pursued as they work directly with “in-school” and “out-of-school” youth; efforts are being coordinated with the Alianza Joven de Honduras (AJH) to define the relations with CARSI partners that manage the Outreach Centers (OC) “For My Neighborhood”, as well as to settle on the strategies to intervene teenagers and young adults who assist to the OCs located in the more insecure areas, within the municipalities of the Central District, San Pedro Sula, Villa Nueva, Choloma, La Lima, Tela and La Ceiba.

Moreover, PSI/PASMO coordinates with other associates such as the Ministry of Health/National Program of Integral Attention for Adolescents, the Ministry of Education, Impactos Project, and other non-governmental organizations (NGO) such as AHMF, Save the Children and Children International. Such partnerships are of great importance

to the development of youth intervention strategies with the non-formal and formal sector of education.

### **III. PROGRESS ON ACTIVITIES TOWARDS RESULTS**

#### **1. GENERAL PROJECT ACTIVITIES.**

- a) During the quarter PASMO/Healthy Youth Project conducted an average of nine meetings for planning and monitoring the activities of the third quarter of fiscal year 2014 in Tegucigalpa, San Pedro Sula, Tela and La Ceiba, in these meetings new training opportunities for non-schooled young people are valued, new partners are identified and help to strengthen the Project planning and execution skills by Project educators, in order to achieve the results and proposed goals.
- b) As a follow-up to the process of gender training for PASMO staff, a second workshop was held addressing the following contents; social building of gender, gender roles, sociocultural analysis of women and men, gender differentiated opportunities, obstacles and advances, gender focus and mainstreaming, violence and its typology, causes and effects of violence, behavior risks and best practices for violence prevention. The methodology was participatory, linking recreational activities that allowed the appropriation of content and thus contribute to create mechanisms to make replicas with the target populations of the Healthy Youth Project. A total of 30 participants were involved (Women: 19 and Men: 11).
- c) PASMO, held in September the interim performance evaluation (2014), it was a good opportunity to review and analyze the performance of each team member and define an improvement plan based on identified needs for Healthy Youth staff which will have its impact on the quality of the performance of their duties, ultimately benefiting the beneficiary populations of the Project.
- d) With regard to the security plan that PASMO has as a means to mitigate the impact of potential incidents while working in the areas of greatest social vulnerability; all personnel involved in these functions puts into practice the guidelines; however, in some situations the staff is very vulnerable to the wave of violence that exists, showing some manifestations even within educational spaces, such as the case of a workshop with beneficiaries of the CDA San Martín in the Municipality of the Central District; where while development of the issue "My Life Project", a group of four young people were working on a plan intended to obtain in the coming months, AK 47, carry out two selective killings, seize the 14th Street called "Territory of the Chirizos", steal the PASMO/Healthy Youth Project bus to take armed gangs and carry out selective killings or any other crime or shootings.

- e) Situations like this are difficult to handle by educators as they are not prepared to deal from this perspective with young people of whom we have no further information on their roles in the communities where they reside or outside them, and that in most cases we see them only once. The lesson learned is that the person in charge of the community group remains all the time the activity lasts, to help create a climate of confidence and a little more security.

**Activities for the next quarter:**

- Monthly technical meetings to plan and monitor activities in the first quarter of fiscal 2015.
- Hold a meeting of catharsis on situations of violence experienced in the areas of work, allowing the participants to express their perception of risk and possible ways to minimize those risks. This will provide information on the diagnosis of current situation, which will be capable of being used to give appropriate follow-up from instances of leadership and coordination.

**2. DEVELOPMENT OF THE HEALTHY YOUTH PROJECT PLANNING FOR THE THIRD YEAR OF IMPLEMENTATION.**

In September the work plan for 2015, the third year of the project was prepared which is expected to consolidate interventions with adolescents and schooled and non-schooled young people, strengthen partnerships with educational centers, CARSI partners, NGOs and community organizations and government institutions; towards the attainment of objectives, goals and outcomes of the Healthy Youth Project that will be measured through the quantitative study TRaC-2015.

**3. CREATING STRATEGIC ALLIANCES.**

During the months from July to September 2014, PASMO/Healthy Youth Project continued coordinating with various strategic partners in the government and private sector, CARSI partners and civil society in the different municipalities targeted by the Healthy Youth Project, to help strengthen and alignment of interventions, JOINTLY collaborate on the implementation of community-based activities and social development, while seeking opportunities for recruitment of non-schooled young people to develop processes for pregnancy prevention.

Most of these organizations work on violence prevention, pregnancy prevention, and STI/HIV and/or community development.

Thus, during the quarter it was possible to coordinate, collaborate and initiate training processes with beneficiary adolescents and young people with about 39 organizations as detailed below:

- 26 Organizations in the **Central District Municipality**: IMPACTOS/CDH, , Aganar (Villanueva and Villa Vieja), Naval Force, Logistic Support Command Center of the Armed Forces of Honduras (CALFFAA)/Guardians of the Homeland Program, Community Police of Colonia San Miguel, OTI/Honduras CONVIVE, World Vision, Inter-institutional Committee of San Miguel District, El Cordero Church, Hogares CREA, CDA-Dan Martín, Red Cross, CESAMO Las Crucitas, First Lady Office, PAHO, Save The Children, Go Joven, PAIA, Christian Youth Association of Honduras, CDA- San Francisco, CDA- Zapote Norte, COMVIDA and CARE.
- 7 Organizations in **Valle de Sula**: Bordo Río Blanco, Expocentro, Evangelical Church, INFOP, FUNADEH, FUASIP, Col, Felipe Borjas.
- 4 Organizations in **Tela**: Municipality of Tela, Health Center of Tornabé, COPEITSA, Casa Refugio Ixchel.
- 2 Organizations in **La Ceiba**: Municipality of La Ceiba (Community Development Office), Casa Refugio Ixchel.

PASMO/Healthy Youth developed processes and/or training activities with most of beneficiaries of these organizations which include four topics from those anticipated in the training program, this adds up into a minimum of four hours and a maximum of sixteen hours of total intervention for each group; except those where social mobilization interventions are specific and in different modalities (group, individual, theater, Healthy 123). Topics are defined according to the need for knowledge and guidance required by young people, with the exception of faith-based institutions (religious sector).

#### **Activities for the next quarter:**

- Continue coordination with the identified partners and seek new stakeholders in each municipality that can give us new non-schooled young people groups to be addressed.
- Advocay work with FHIS/CARSI to make possible to improve the infrastructure of some educational center en Tegucigalpa and San Pedro Sula.

#### **4. STRATEGIC INFORMATION (DEVELOPMENT OF RESEARCH THAT WILL PROVIDE EVIDENCE BASED INFORMATION TO INFLUENCE PROGRAM DECISIONS).**

In August, PASMO/Healthy Youth Project conducted the socialization of the Quantitative Result-2013 TRaC (Tracking Results Continuously) and the Qualitative Study (Foqus on Segmentation) on Sexual and Reproductive Health of Adolescents and Young People in Francisco Morazán, Cortés and Atlántida.

Attended by 82 people (Women: 49 and Men: 33), representatives of the Ministries of Education and Health, Office of the First Lady of the nation, USAID, educational centers and other institutions such as Association of Medical Doctors of Asia (AMDA), Centro de Desarrollo Humano (CDH), Comunicación y Vida (COMVIDA) PMA-Salesiano, Proyecto Metas/EDC, CESAMO's, Family Planning Association (ASHONPLAFA), Pro joven/COSUDE, INFOP and young people.



Also this quarter, with the technical support from the Regional Office of Guatemala, the design of the "Study on supply of Sexual and Reproductive Health for adolescents" was designed with the objective of assessing the supply of sexual and reproductive health services for adolescents and young people in the public health system in areas where PASMO develops projects aimed at adolescents and young people.

The specific objectives of the Study are:

1. Identify the attitudes of health care providers in relation to the supply of products and services for young people and adolescents.
2. Identify practices and care of health services providers in relation to the supply of services and products for young people and adolescents.
3. Determine whether the health unit has the resources to offer services and products for sexual and reproductive health for adolescents

To obtain information from health care providers who provide specialized services for young people and adolescents, the survey technique will be used and which will be applied to the person or representative of each health unit to provide differentiated services for adolescents located in the geographical areas where the Healthy Youth Project and Chicas en Conexión are implemented (rural areas of San Pedro Sula, La

Lima and El Progreso and Choloma) which PASMO runs with support from SUMMIT Foundation (according to list provided by PAIA/Secretariat of Health). PASMO also obtained permission from the Secretariat of Health for the implementation of the study and prior to the application of the surveys will coordinate with proper Health Regions and Units, in order to get the right support and success in the process of collecting the information.

Subsequently, the processing and reporting and socializing will be done to define the needs that under the Healthy Youth Project will contribute to the improvement of differentiated health services for adolescents.

**Activities for the next quarter:**

- Implement surveys to health care providers of the prioritized areas of the Healthy Youth Project and Chicas en Conexión (SUMMIT), process the information, reporting.
- Socialize the results with USAID, Secretariat of Health (including the Health Units) and key partners.
- Start the process of developing providers archetypes (audience profiles) plan design and technical strengthening for health care providers, based on the results of the Study.
- Complete mapping of points of sale of condoms Vive (friendly for adolescents) in Google; to facilitate the follow-up actions by neighborhood/residential zone in each municipality.

## **OUT-OF-SCHOOL YOUTH, ACTIVITIES**

### **5. REVIEW, ADAPTATION AND/OR DESIGN METHODOLOGIES AND INTERVENTION STRATEGIES OF NON - SCHOOLED TEENAGERS (OUT- OF-SCHOOL YOUTH, ACTIVITIES).**

As for the design of educational methodologies as tools for addressing non-schooled young people, during this quarter work done in order to keep on using the educational tool called "Healthy 123," according to its user guide (card game with images used to tell a story and interact with the participant) to support in addressing non-schooled young people.

Since the implementation of the tool is very attractive to young people it is used in all priority municipalities; it helps a lot in cases where young people (in small groups) do not have much time, thus motivating them and facilitating the promotion of key behaviors and addressing issues of sexual and reproductive health. PASMO team of educators/facilitators in each municipality has the tool available and they are trained for its implementation.

**Activities for the next quarter:**

- Review of the educational program (contents and methodologies) for non-schooled young people based on the Qualitative and Quantitative Study conducted by the Healthy Youth Project.
- Start the process of preparing the Methodological Manual on adolescent pregnancy preventing to support addressing of non-schooled young people; aimed at facilitators of the Healthy Youth Project.
- Development and design of promotional materials to support the various educational activities with schooled and non-schooled young people.

**6. IMPLEMENTATION OF EDUCATIONAL ACTIVITIES WITH NON SCHOOLED YOUNG PEOPLE.**

Continuing the process with non-schooled adolescents and young people in all target towns, PASMO conducted a series of educational activities that were coordinated with strategic partners (CDA, community organizations, municipalities and NGOs) in each municipality, making possible to reach 1,876 young people (women: 917 and Men 959), all received training on pregnancy prevention in a complete manner.

The following summary Table shows Non-Schooled Adolescents and Young People Trained on Pregnancy Prevention in the quarter.

| Table N° 1<br>Summary<br>Non-Schooled Adolescents and Young People Trained on Pregnancy<br>Prevention.<br>July to September, 2014.<br>Source: SAM/PASMO |     |       |                 |       |
|---|-----|-------|-----------------|-------|
| Gender  | MDC | SPS   | La Ceiba y Tela | Total |
| Women   | 153 | 725   | 39              | 917   |
| Men   | 130 | 792   | 37              | 959   |
| Total   | 283 | 1,517 | 76              | 1,876 |

These adolescents/young people were exposed to four of the following issues: adolescence, early pregnancy prevention, self-esteem, self-efficacy, future vision, STI, HIV and AIDS, contraceptive methods, delayed initiation of sexual relations, sexuality, STI/HIV, life project, sexual organs of women and men, gender, condom use, prevention of gender-based violence and promotion of health services for adolescents;

through educational activities where issues are addressed according to the age of participants.

The duration of the activities was between 4 and 16 hours and were conducted by implementing recreational methodologies that allowed young people to share experiences, reflect and learn in an entertaining way, facilitators from PASMO/ Healthy Youth carried out activities by awakening interest in participants who generally expressed not to have much time to stay in extended hour activities.

These approaches were possible thanks to the collaboration of key partners (including CARSI) in each municipality, working in health, violence prevention and community development, alcohol/drugs rehabilitation. An average of 15 training events were held in Tegucigalpa, 11 in Valle de Sula, and 7 in La Ceiba/Tela; this represents a level of effort coordination, preparation and execution of ongoing activities by PASMO/Healthy Youth team; details by municipality can be seen in Annex 1.

In general, we can say that the involvement of young people in training events were characterized by taking place in a coordinated manner with partners, who made the calls and support with the provision of physical space; some participants do not study or work and other are studying at this moment.

During the development of the activities it was noted that some young people show shame/embarrassment to speak about these issues, also there are situations where young people identified themselves with any **mara** in the area where they reside; in general at the end of the workshops, young people expressed their appreciation for the opportunity to learn about issues that they had never heard of and that there are no other opportunities to speak seriously with anyone else.

Sometimes you can identify positive young leaders, for example in workshops with young beneficiaries of CDH/IMPACTO Project in Colonia San Miguel of Tegucigalpa, there were three young people highly interested on continuing to motivate and invite more young people to participate in workshops.

The methodology used is recreational, coupled with the use of entertaining videos, Healthy 123, theater, game



Non-schooled young Garifunas in training workshop.



Example of non-schooled teens' commitment during workshop.

challenges, and soccer for the prevention, among other educational tools. Each workshop ends with a personal commitment that every adolescent or young boy/girl develop and share with their peers if desired.

In the case of young men attending these workshops for the first time, the common situation is that at the beginning they seem to be distracted, as if they were not interested in the issues being discussed; however as activity progresses they put more attention and eventually they end up focused and interested; we also noted that some participants handle myths regarding condom use (the use of two condoms gives better protection), masturbation, coitus interruptus to avoid pregnancies, family planning, HIV and ignore the functioning of the sexual organs. In these cases PASMO facilitators make precise explanations and help facilitate a process with a solid learning and that can generate positive changes regarding the prevention of unwanted pregnancies.

**A lesson learned** this quarter in terms of fieldwork, was that the activities and workshops to be conducted with non-schooled young people from now on must have a permanent companion from partners, and/or community because sometimes PASMO facilitators feel at risk just by observing some behaviors of indiscipline, threatening expressions as the fact to make recommendations for future criminal actions as normally as possible. PASMO will inquiry with CARSI partners working on interruption of violence to find some mechanism for facilitating the preparation of the Healthy Youth Project to properly deal with unexpected situations that occur especially in neighborhoods with higher rates of violence.

In one of the workshops (Bordo Rio Blanco of San Pedro Sula), a participant, shared his experience of "being an adolescent father," he told his colleagues as his life took a radical change after getting his girlfriend pregnant, another adolescent gave them a warning to "wait" for the right time to start having sex, and having them decide to use a condom correctly, since a pregnancy and a child is not easy to handle, being an adolescent father means leaving school activities and games with friends to become an adult at an early age.

In a workshop carried out with adolescents residing in Casitas del INHFA in SPS, while the issue of gender was developing; a girl said "in my house, my brothers do nothing of the chores, women do all that work"; another said: women are responsible for the men to do nothing, because mothers spend too much time with children and they are who educate them that way.

An interesting experience (CDA – San Francisco, Comayaguela) during this quarter was that it was possible to train (3 days) **Agents of Change** with young people who neither study nor work (Young Women: 10 and Men: 10). This a valuable achievement as non-schooled population generally do not have time available so that most of the time unique interventions are made. The Coordinator of the CDA is a true leader who

motivates and encourages young people a lot. The issues were: sexuality and gender, self-esteem, adolescence, STI, HIV, contraceptive methods, condom use, pregnancy prevention, life project, peer communication and leadership. A joint work plan for October and November 2014 was developed, where specific commitments were made for carrying out replicas in addressing peers in the residential area. PASMO will continue supporting them.

All partners in conclusion, after knowing the type of interventions performed by PASMO/Healthy Youth, are willing to identify new groups of young people to participate in these processes and/or activities.

**Activities for the next quarter:**

- Continue with the exercise for recruiting non-schooled young people through the Snowball mechanism and loudspeakers in other areas of the Project.
- Continue to develop alliances with new and already identified partners for addressing non-schooled young people.

## **IN-SCHOOL YOUTH, ACTIVITIES**

### **7. COORDINATION WITH SCHOOLS AND STRENGTHENING OF THE TEACHER CAPACITY TO IMPLEMENT THE “CARING FOR MY HEALTH AND MY LIFE” METHODOLOGICAL GUIDES.**

During this quarter, several meetings were held with Departmental Education Directorates (Francisco Morazán, Cortés and Atlántida), with the purpose to socialize again the project with the representative of these Directorates, due to management changes in recent months; seizing the moment to coordinate training workshops for teachers, carry out the First Meeting of Teachers as Leaders in the implementation of the Methodological Guides Caring for my health and my life; the result was the ratification of supporting the institutionalization process of the Guidelines, which PASMO is implementing together with the Secretariat of Education.

A total of 36 teachers from two educational centers (Instituto Técnico Nueva Suyapa and República Federal de Mexico) were trained in the use of the Methodological Guides; work plans for the remaining months of 2014 and for the next school year 2015 were developed.

In addition, several follow-up visits to educational centers trained by PASMO/ Healthy Youth were done, in which progress in the annual planning (by grade) for the implementation of the Methodological Guides Caring for my Health and Life was revised, in conjunction with the Director and/or link teacher of each one, and listings according to class taught to students were collected.

Between July and September it was possible to reach a total of 9,875 students from fourth to ninth grades in 39 trained educational centers: (Women:5,123 and Men: 4,752), this corresponds to 85 % of the centers, progress of the remaining 15% will be reflected in the next quarterly report. In each of these cities there have been instances of violent incidents that have impeded continuous monitoring to the educational centers, as is the case of Barrio San Martin, Campo Cielo in the Central District and Armenia Bonito in La Ceiba

In the following Table the advance of the quarter is noted in terms of adolescents intervened through the Methodological Guides in each of the target municipalities of the Healthy Youth Project:

| <b>Table N° 2</b><br><b>Summary</b><br><b>Schooled Young People Intervened through Implementation of Methodological</b><br><b>Guides “Caring for my Health and for my Life”</b><br><b>July to September 2014.</b><br><small>Source: SAM/PASMO</small> |              |              |                    |                |                |              |                 |              |
|---|--------------|--------------|--------------------|----------------|----------------|--------------|-----------------|--------------|
| <b>Gender</b>   | <b>MDC</b>   | <b>SPS</b>   | <b>Villa Nueva</b> | <b>La Lima</b> | <b>Choloma</b> | <b>Tela</b>  | <b>La ceiba</b> | <b>Total</b> |
| <b>Women</b>  | 1,009        | 847          | 647                | 942            | 179            | 654          | 845             | <b>5,123</b> |
| <b>Men</b>  | 1,005        | 759          | 499                | 759            | 195            | 710          | 825             | <b>4,752</b> |
| <b>Total</b>  | <b>2,014</b> | <b>1,606</b> | <b>1,146</b>       | <b>1,701</b>   | <b>374</b>     | <b>1,364</b> | <b>1,670</b>    | <b>9,875</b> |

Annex 2 specifically shows the progress by municipality and by educational center.

c). Schooled young people trained through other key partners (other organizations): through the coordination with CDA, Youth Networks, community organizations, government non-formal educational institutions, to recruit non-schooled young people, PASMO carried out several education activities in the municipalities of Tela, La Lima, Villanueva, San Pedro Sula and the Central District; also recruited schooled young people attending educational centers not being benefitted by PASMO, making possible training of 1,361 young people (Women: 724 and Men: 637), as detailed in the following Table:

| <b>Table N° 3</b><br><b>Summary</b><br><b>Schooled Young People Intervened in CDA, Youth Networks, Community Organizations and Government institutions</b><br><b>July to September 2014. Source: SAM/PASMO</b> |              |             |              |
|--|--------------|-------------|--------------|
| <b>Gender</b>  | <b>MDC</b>   | <b>Tela</b> | <b>Total</b> |
| <b>Women</b>   | 724          | 0           | <b>724</b>   |
| <b>Men</b>   | 636          | 1           | <b>637</b>   |
| <b>Total</b>   | <b>1,360</b> | <b>1</b>    | <b>1,361</b> |

Annex 3 specifically show the progress by municipality and by social organization social.

During the quarter, a total of 11,236 adolescents and schooled young people (Women: 5,847 and Men: 5,389) belonging to educational centers trained through the Methodological Guides "Caring for my Health and for my Life" and to other educational centers which are not implementing the guides, but were recruited in other community institutions through training activities and/or community mobilization events such as fairs, festivals, recreovías among others (see details in Social Mobilization Section).

These adolescents and young people were exposed to the following 4 issues: pregnancy prevention, STI/HIV/AIDS, contraception, gender, delayed initiation of sexual relations, condom use and promotion of health services for adolescents; by recreational activities in small groups and/or individually, in which educators from PASMO/Healthy Youth used: Healthy 123, "You Know What", demonstrations of condom use, etc., here also, the issues are addressed according to the age of participants.



**Teachers participate in meeting for planning and monitoring school activities.**

In coordination with the District of Education # 7 (Comayagüela), PASMO/ Healthy Youth Project held a day of socialization-induction with 97 directors, assistant director and teachers from 42 schools (M: 83 and H: 14) on the implementation of the Methodological Guides "Caring for my Health and for my Life" of the Secretariat of Education

(MOE) as a prior alternative to completion of the online course implemented by the Ministry of Education to handle this issue.

PASMO/Healthy Youth conducted the First Meeting of Leading Teachers, in order to create a space for academic exchange with teachers implementing the Methodological Guide “Caring for my Health and my Life”, with emphasis on the prevention of adolescent pregnancy and publicize the successful experiences and best practices of each of the educational centers with which the Project works. A total 70 people attended the meeting (Men: 11 and Women: 59), representatives of educational centers, Departmental Directorates and district education of Cortés, Atlántida and La Ceiba, representatives of the Secretariat of Health and International Cooperation (PAHO ULAT/MSH, USAID).



Teachers' encounter, Lago de Yojoa, Cortés.



Teachers fully participating in mobilization activity (Practice)

The event had the participation of expert speakers on gender issues and sexual and reproductive health who presented these topics in order to strengthen the technical knowledge and skills of teachers implementing the Methodological Guide Caring for my Health and my Life in education centers.

The event was held in a participatory manner and attendees made their commitment as leading teachers and as education center to continue supporting the project and continue taking actions that contribute to

reducing adolescent pregnancy.

#### Activities for the next quarter:

- Online training with teachers from two training centers in Valle de Sula.
- Planning meetings for school year 2015, with 15 educational training centers of the Central District, Valle de Sula, Tela and La Ceiba.
- Monitoring of District Directorate No. 7 of the Central District on progress of the implementation of the methodological Guides Caring for my Health and Life.
- Promotion of website and social networks of Healthy Youth, sending information related to adolescent pregnancy prevention to teachers (electronically).

## 8. EDUCATIONAL ACTIVITIES IN SCHOOLS.

PASMO/Healthy Youth held eight theater workshops for adolescents of 21 educational centers in the Central District, San Pedro Sula, Tela and La Ceiba, with the participation of 220 adolescents (121 women and 99 men), who were formed in 21 theatre groups that will continue to operate in each education center with the support of PASMO and teachers. Four plays were produced and set up on the prevention of adolescent pregnancy with a gender perspective, which will be presented in different schools and is expected to reach approximately 8,403 adolescents and young people (8,403 women and 4,924 men), enrolled in the 21 educational centers and eventually to community youth.



Teens theatrical play practice.

In September two Theater groups were trained by PASMO/Healthy Youth, they participated in the regional festivals of COMVIDA (Communication and Life) of the Municipalities of the Central District and San Pedro Sula in the beginners category with two theater plays with messages on adolescent pregnancy prevention. They won the second place In Tegucigalpa with the theater play “This is not a Game,” comprised of 13 students of the Basic Education Center Carlos Roberto Reina, Colonia Rosalinda in Comayagüela.

The theater group of the Basic Education Center Alfonso Hernández Córdova, of Colonia Planeta of La Lima, Cortés, comprised of 9 young people (Men: 4 and Women: 5) won the first place with the theater play “All in due Time”, thus ensuring their participation in the National COMVIDA Festival to be held in San Pedro Sula in October.

School mobilization activities were conducted in several educational centers according to annual plan, including:

- **Competition in a School Gym on Adolescent Pregnancy Prevention**, conducted by CEB Desarrollo Juvenil de la Colonia Villa Franca of Comayagüela. A total of 250 students were involved (Women: 126 and Men: 124). Children from 4th to sixth grade drew murals alluding to the topic in question. The theater group performed the premiere of the play “This is not a game”. Parents joined and supported the activity prepared by their sons/daughters and teachers.
- **Exceptional Champion (Campeonísimo) on Pregnancy Prevention**: In order to generate more interest on this issue, Escuela Jorge Fidel Duron of Colonia Ayestas, performed the knowledge contest with students of fifth and sixth grades 31 students (Women: 14 and Men: 17), teachers demonstrated their commitment to contribute with pregnancy prevention in the area

- **Murals Context**, as part of the work plan of the agents of change of Instituto Mexico of Colonia Iberia of Comayaguela, the murals context was carried to expose the issues on pregnancy prevention. A total of 123 students were involved (Women: 87 and Men: 36).
- **Adolescent Pregnancy Prevention Walk**, conducted by CEB Carlos Roberto Reina, Colonia Rosalinda of Comayaguela; children prepared banners with prevention messages, including delaying of initiation of sexual relations.
- **Festival of the Song “I am too old to play dolls, but too little to be a mom”**, conducted by CEB Desarrollo Juvenil, messages about risks and consequences of adolescent pregnancy were disseminated, parents were involved and some of them thanked PASMO the support being provided to the CEB.

#### **Activities for the next quarter:**

- Follow-up visits to the Educational Centers regarding implementation of the Methodological Guides and 2014 work plan (agents of change, theater groups and school mobilization activities).
- Production of the Rapid Guide for Agents of Change, on pregnancy prevention in adolescents.
- Training of Agents of Change in Tela.
- Meetings with agents of change in the educational centers of Tegucigalpa, Valle de Sula, Tela and La Ceiba, to ensure the development of the work plans.
- Monitoring of theater groups in the Central District, Valle de Sula, Tela and La Ceiba, for rehearsals, props and play set up aimed at adolescent pregnancy prevention and disseminate them within and outside educational centers.
- School mobilization events (students and parents and/or community) with the participation of the Agents of Change: educational and health fairs, cultural events (civic ceremonies) and murals.

## **UT-OF-SCHOOL AND IN-SCHOOL YOUTH**

### **9. Out- Of- School And In School Youth (Summary)**

During this quarter, a total of 13,112 adolescents and young people have been intervened by the different activities of the Project, of which 6,764 are women (52%) and 6,348 are men (48%); 11,236 are schooled (86%) and 1,876 are non-schooled (14%); of the total of intervened young people 75% (9,875) were intervened through classes taught by teachers in the educational centers trained by PASMO and 25% through other activities (3,237). (See Table No. 4).

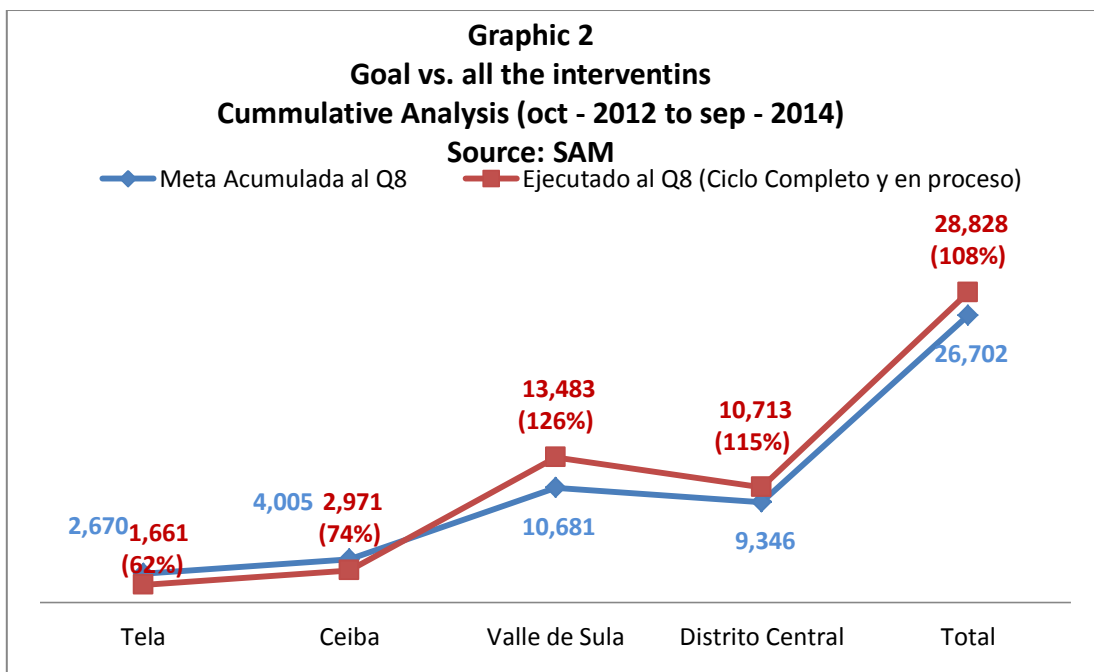
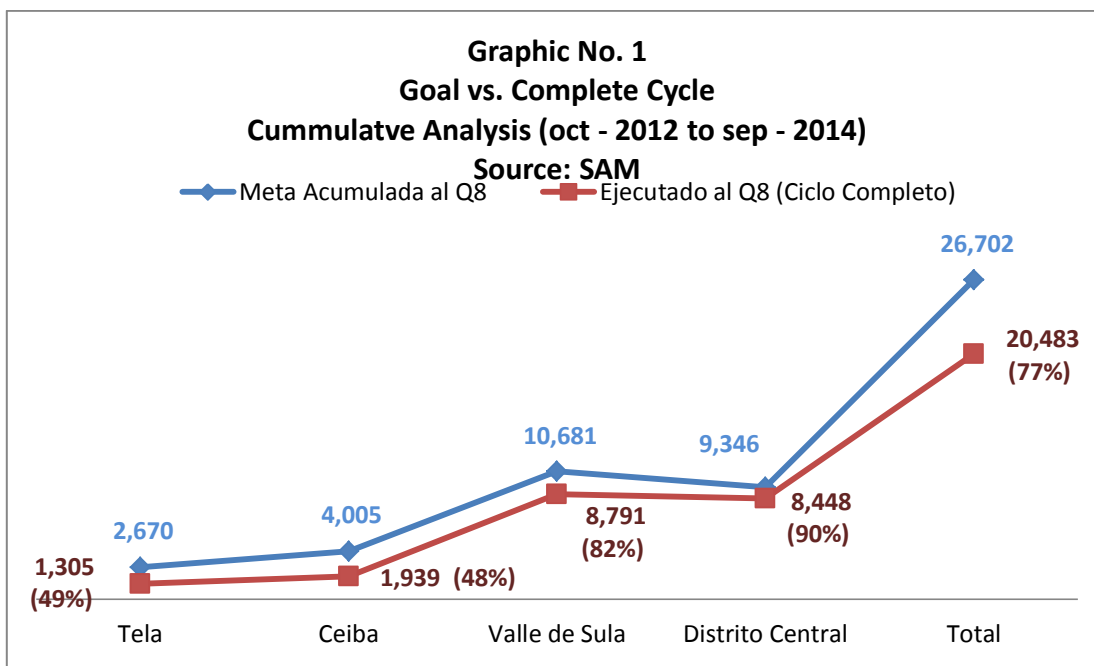
| <b>Table N° 4</b><br><b>Summary of schooled and non-schooled young people trained in adolescent pregnancy prevention</b><br><b>July to September, 2014</b><br>Source: SAM/PASMO |                           |              |                     |               |
|---|---------------------------|--------------|---------------------|---------------|
| Population  | Gender                    | Classes      | Other Interventions | Total         |
| Schooled Young People   | Women                     | 5123         | 724                 | 5,847         |
|   | Men                       | 4752         | 637                 | 5,389         |
|   | <b>Total Schooled</b>     | <b>9,875</b> | <b>1,361</b>        | <b>11,236</b> |
| NON-Schooled Young People   | Women                     |              | 917                 | 917           |
|   | Men                       |              | 959                 | 959           |
|   | <b>Total NON-Schooled</b> |              | <b>1,876</b>        | <b>1,876</b>  |
| <b>Total</b>  |                           | <b>9,875</b> | <b>3,237</b>        | <b>13,112</b> |

As for the progress of the first two years of the Healthy Youth Project (period: October 2012 to September 2014), PASMO/Healthy Youth has made every effort in searching results and goals, a total of 28,828 adolescents and young people have been reached between aged 10 to 24 years; 24,345 of these are schooled (full cycle: 16,000 and in process: 8,345); 4,483 are non-schooled who received the full educational cycle in different modalities. Table 5 below shows the results.

| <b>Table N° 5</b><br><b>Summary of schooled and non-schooled Young people intervened during this quarter</b><br><b>October 2012 to September, 2014</b><br>Source: SAM/PASMO |                           |              |               |               |
|---|---------------------------|--------------|---------------|---------------|
| Population  | Gender                    | In Process   | Full Cycle    | Total         |
| Schooled Young People   | Women                     | 4,435        | 8,305         | 12, 740       |
|   | Men                       | 3,910        | 7,695         | 11,605        |
|   | <b>Total Schooled</b>     | <b>8,345</b> | <b>16,000</b> | <b>24,345</b> |
| NON-Schooled Young People   | Women                     | -            | 2,086         | 2,086         |
|   | Men                       | -            | 2,397         | 2,397         |
|   | <b>Total NON-Schooled</b> |              | <b>4,483</b>  | <b>4,483</b>  |
| <b>Total COUNTRY</b>  |                           | <b>8,345</b> | <b>20,483</b> | <b>28,828</b> |

Making a comparative analysis of achievements to date versus goals set by the Healthy Youth Project, we can see that the goal for Year 1 of the project was 9,500 young

people and 17,202 Year 2; by which we refer to the cumulative goal (first 2 years of the project) of 26,702 young people aged 10 to 24 years. In the first two implementation years of the project we have achieved 77% of young people who have completed the cycle and 108% if we count young people who are still in the process of completing the cycle (see graphic 1 and 2).



Looking at the data separately by population category (schooled and non-schooled), it is clear that the goal originally proposed for non-schooled population (60%) is lower than planned, representing 28%, due to the limitations found in areas prioritized by the project to attract this population.

It is remarkable that the schooled population reached in the first two years for the proposed goal has been 192%, which means that we have anticipated in the compliance process and the total Project goal for schooled population has been already covered and surpassed by 61%; however, the project has focused efforts to reach non-schooled people in collaboration with strategic partners.

In the two implementation years, the project has reached 11,097 adolescents and young people who have been addressed in spaces outside the school; but only 4,483 (40%) reported "No to Study" in a formal school at the time of the intervention (Non-schooled); the difference (6,614) although they have been intervened "out of school" are recognized as "Schooled Young People".

## **10. MASS MEDIA AND SOCIAL NETWORK CAMPAIGNS**

As part of the behavior change communication Strategy (BCC) of Healthy Youth, the Program En Conexión Radio finished its transmission on July 5 this year as part of the first phase of this campaign in support to face to face interventions that are done with schooled and non-schooled young people in the seven target municipalities of the Project.

With the aim of developing a second phase of the media communication campaign (en conexión Radio); PASMO/Healthy Youth has begun to manage a permit from UNFPA and the Secretariat of Health to use some of the spots of the campaign "Because I love myself and take care of myself," produced by the Technical Group comprised of adolescents/Ministry of Health, as part of massive integrated campaign and social media; in which PASMO will include key messages (flash news) based on the results of qualitative and quantitative research.

This process of negotiation and integration of communication products will be made in the next quarter, hoping to start broadcasting messages in late November this year. The idea is that the radio broadcasting is made in existing local radio stations in the priority municipalities, seeking new partners such as municipal authorities, NGOs, UNFPA and the radio stations included.

In this quarter, the Healthy Youth Project took over interaction with adolescents and young people through social networks (FB), and from the Regional PASMO Office/Guatemala modification to the website of "PASMO Association" was made; with a specific component for Healthy Youth Project, and Facebook. It is hoped that this

dynamic can strengthen interpersonal communication activities with schooled and non-schooled teachers.

### **Activities for the next quarter**

- Reach an agreement with UNFPA and the Secretariat of Health to use the campaign because I love myself I take care of myself and include new pieces of communication (radio), which meets the objectives and results of the Healthy Youth Project.
- Development of communication products (radio), to complete the concept because I love myself I take care of myself.
- Identify and negotiate spots with local radio stations in Tegucigalpa, SPS, Tela and La Ceiba, to disseminate messages of the campaign.
- Coordinate with PNPRRS to define a plan to support the communication campaign through community actions “Bus Piénsalo bien” (Bus Think it over) (Second phase of the communication campaign) in the Project intervention areas.

### **11. DESIGN AND IMPLEMENTATION OF MOBILIZATION PARTICIPATION IN SPECIAL DAYS WITH OTHER ORGANIZATIONS.**

During this quarter PASMO/Healthy Youth conducted and/or participated in several social mobilization activities in the Municipality of the Central District, Valle de Sula and La Ceiba, as detailed below *(the amounts detailed here should be viewed independently, as they are data which are included in the routine counts of Schooled and Non-schooled students, as applicable)*:

- a) Participation in youth work placement fair organized by the Municipality of San Pedro Sula, PASMO Healthy Youth facilitators and agents of change made approaches on adolescent pregnancy prevention (gender, pregnancies/STI/HIV, contraceptive methods), it was possible to reach 716 young people (Women: 389 and Men: 327).
- b) PASMO/Healthy Youth, joined the effort to carry out the Community Event in Colonia Alemán, organized by the Preventive Police (UMEP 3) with the support of the INL. PASMO addressed 109 adolescents and young people (Women: 70 and Men: 39). Specific messages about pregnancy prevention, STIs and HIV focused on gender, with demonstrations of correct and consistent condom use were delivered. The activity was supported by agents of change of the Instituto República Federal de México, the number of attendees of non-schooled population aged between 10 and 24 years was poor.

- c) Sexual and Reproductive Health Fair at CESAMO Las Crucitas, with the purpose of recruiting non-schooled young people, this activity was carried out to support the Honduran Red Cross, PASMO made educational approaches through individual interventions of small groups using the Healthy 123 tools and other recreational games. It was possible to reach 24 persons (Women: 16 and Men: 8) among schooled and non-schooled people.
- d) Education Fair in Sexual and Reproductive Health in Colonia Flor del Campo, in Coordination with AMDA, the issues covered with young people were: gender-based violence prevention, contraceptive methods, correct condom use, delaying initiation of sexual relations and STI/HIV prevention. COMVIDA, Médicos sin Fronteras and the Health Center Flor del Campo also were involved. It was possible to address 11 young people (Women: 6 and Men: 5 Females).



Teenagers carefully observe a demonstration of the correct use of condoms at the community fair.



Promotional poster of the "I take care of my health and my life with talent" Festival.

d) PASMO/Healthy Youth conducted the Caring for My Health and for My Life with Talent Festival in Colonia San Miguel, District of Tegucigalpa, in order to spread messages on adolescent pregnancy and violence prevention. The event was coordinated and supported by the Preventive Police, CARSI Partners (INL, IMPACTS, Honduras Convive, A GANAR, World Vision, CDA Estados Unidos, Center for Human Development/Impactos Project), international cooperation organizations (UNFPA, UNDP, INFOP, PNPRRS, Escuela Nacional de Bellas Artes, Club La Raza, CEB Juan Ramón Molina, Escuela Inmaculada Concepción, Iglesia El Cordero (the Lamb Church) and the Office of the First Lady.

Advocacy and coverage activities were carried out through youth media, prior and during the event (radio, TV), PASMO educators and AGANAR jointly participated in the various programs.

It was possible to achieve a creative, motivating and appropriate event for the target population, where messages were disseminated and broadcasted in an entertaining way through singing, dance, theater, puppetry and specific references by the speakers; an appropriate and direct language was used on adolescent pregnancy prevention and

promotion of friendly health services. Participation of Karlibeth and Ariel Ortega Guevara was included with the campaign to prevent adolescent pregnancy, "Because I love myself I care for myself", which contributed to the efficiency of the activity and achievement of the objectives. It was possible to reach 907 people (Men: 526 and Women: 381).

e) Educational Fair on the occasion of the International Youth Day, held in coordination with various organizations such as AGANAR, COMVIDA, AMDA, PNPRRS, Community Police, CESAMO Alonso Suazo, IHADFA. The activity was held in Parque Central, Tegucigalpa. PASMO/Healthy Youth joined the effort making approaches on adolescent pregnancy prevention. A total of 43 young people were addressed (Women: 26 and Men: 17).



All mobilization activities carried out are designed and developed with the participation of partners working in each of the areas of the Healthy Youth Project, especially with the aim of positioning the theme at the community and social level, and also to recruit adolescents and young people who do not study or work; however, the reality shows that the biggest challenge remains to be addressing this population group, PASMO together with partners will continue making efforts and seeking new options to move towards the target set.

#### **Activities for the next quarter**

- Continue creating opportunities to organize and hold community events in areas prioritized by Healthy Youth in coordination with CARSI and community.

## **12. FRIENDLY CONDOM POINTS OF SALE**

In the quarter July to September, with support from PASMO Sales Department, new points of sale were not opened; however, in general, there has been a follow-up to ensure the availability of product in the existing points of sales (condoms and lubricants, as the case may be). At the present it has been possible to geo-reference the 37 points of sale and are in process to be included in the Google map with the support from PASMO/Guatemala Regional Office.

A total of **93,801** condoms (units) were sold in the municipalities prioritized by Healthy Youth, as specified below:

- **Central District:** 33,931 units
- **Valle de Sula:** 54,480 units
- **La Ceiba:** 4,790 units

- **Tela:** 600 units

In this quarter there is a relative increase in sales in Valle de Sula; however, there is a slight drop in sales in Tegucigalpa, Tela and La Ceiba over the previous quarter; we believe this corresponds to the dynamics of the market. These data reflects the sales of condoms made by distributors and PASMO.

#### **Activities for the next quarter:**

- Opening of new friendly points of sales in intervention areas of CARSI partners, according to demand.
- Monitoring of sales points and strengthening the skills of business owners to ensure quality in the storage and availability of condoms to adolescents.
- Distribution of the POP materials for the friendly points of sale (storage and condom sale promotions).

#### **IV. MONITORING AND EVALUATION**

- a. Dr. Gustavo Avila, was present at the Festival "I Care for my Health and my Life with Talent" which PASMO/Healthy Youth conducted at the San Miguel District in July; he toured the stands of the various institutions involved in the Festival. He could see all the activity in which the joint efforts of different institutions in the sector was evident as well as the juvenile cultural and artistic activities that were used to disseminate messages on pregnancy prevention among adolescents, young people and other participating groups.
- b. In July, we participated in the Third Quarterly Meeting of the Performance Monitoring Plan (PMP) with Implementers Mechanisms of Fiscal Year 2014 (Family Planning, Maternal Health, Health Sector Reform, Prevention of Youth Violence), the objectives were: Knowing and discuss progress on the work plan; identify trends and forecast of reaching goals in the third quarter of fiscal year 2014, and analyze the constraints, contributing factors and identify new opportunities for project success. The meeting was attended by personnel from the Secretariat of Health, CDC, ULAT and PASMO.
- c. In August, PASMO/ Healthy Youth Project (3 facilitators) participated in two focus groups conducted by USAID/Embassy in Colonia "Estados Unidos" (San Miguel District), Colonia San Martin, Comayagüela; where PASMO facilitators had the opportunity to contribute together with leaders and community leaders in discussions and analysis of the context of violence and interventions that are performed in order to prevent violence in those areas.

- d. During this quarter PASMO participated in 3 meetings convened by Dr. Gustavo Avila, Acting Manager Health, Population and Nutrition Office/USAID with the purpose to monitor the work plan, goals and indicators of the Healthy Youth Project, as well as the technical guidelines for the implementation of the Project.
- e. The Meeting of Teachers as Leaders in the implementation of the Methodological Guides Caring for my Health and my Life, was attended by Mr. Kurt Pope, Deputy Mission Director of USAID; Dr. Gustavo Avila, Acting Manager Health, Population & Nutrition Office, and Program Officer; Mr. Kurt Pope addressed a message to the audience, thanking the efforts made and motivating them to continue supporting the work in adolescent pregnancy prevention. Dr. Avila, gave a presentation on good health practices, which helped teachers to clarify the concepts and encouraged them to perform systematic and innovative activities in order to create strong learning opportunities in the students about pregnancy prevention.

#### **Activities for the next quarter:**

- Quarterly meeting with CARSI partners.
- Monitoring of educational activities, social mobilization and recruitment of non-schooled young people.

## **V. CHALLENGES AND PROPOSED SOLUTIONS**

The key challenges identified during this quarter in implementing the Healthy Youth project are detailed with suggested solutions:

1. **A constant challenge during the life of the Healthy Youth Project is the work carried out in geographical areas with high levels of insecurity, representing a risk to the project staff.**

You may notice clear manifestations of violence especially when working with non-schooled young people and of our working approach in Sexual and Reproductive Health, the team of educators are not fully prepared to respond appropriately to different situations that unexpectedly arise, for example :

- f) “In a training at CDA San Martin on September 18, 2014, at the moment to address the issue “My Project of Life”, a group of four young people were working on a plan intended to obtain in the coming months, **AK 47, carry out two selective killings, seize the 14th Street called “Territory of the Chirizos”, steal the PASMO/Healthy Youth Project bus** to take armed gangs and carry out selective killings or any other crime or shootings.

#### **Proposed Solución:**

- There are CARSI partners working directly on prevention and cessation of violence, alliances to develop training for our staff of educators in handling such situations will be sought.
- While conducting training events with non-schooled young people, manage the presence of the representative of the partner organization to remain for the duration of the events, as their knowledge and experience will be an important support for the successful development, leveraging and will contribute to a climate of trust and safety for all participants.

## **2. Another major challenge continues to be the approach to young people not studying (Non-schooled) and/or not working (NINIS).**

### **Proposed Solution:**

- Efforts to recruit non-schooled young people must continue to identify and recruit them through partners, coordination with various organizations of civil society, CARSI partners, religious sector, and community based organizations must continue, as they are the link between young people and the Healthy Youth project.
- We have analyzed the possibility of addressing house to house but due to the levels of violence and risk that represent for our staff, we decided not to implement this type of actions that is home visits.

## **3. “Linking the work of communication for behavior change of the Healthy Youth Project and Differentiated Health Services for Adolescents/ PAIA”.**

### **Proposed Solution:**

- During the quarter October to December 2014, the diagnosis of the supply of these services will be made in order to know the reality and on that basis formulate an improvement plan aimed at the suppliers and at the same time manage actions with other partners, which lead to the improvement of these services.

## **4. Addressing the issue of gender violence prevention is a major challenge and it is necessary to establish methodologies to disseminate empowerment messages of women and girls and nonviolence. However, when applying these methodologies it should be taken into account the social dynamics of violence in areas where PASMO interventions are performed.**

Due to the context of violence in which particular approaches are developed with non-schooled population, educators face high risks in terms to their personal safety in

general from the moment of access to communities, a situation exacerbated some sometimes in the same educational space where educators are forced to modify the thematic approach (e.g., domestic violence, self-esteem, condom use); this affects and alters emotional stability, perception of human well-being and safety of the team and the beneficiary population.

### **Proposed Solution:**

PASMO will conduct periodic meetings with each team, creating opportunities for catharsis and to strengthen communication skills to handle the issue in question.

## **VI. COORDINATION WITH OTHER PARTNERS**

During the quarter PASMO made several collaborative and participation actions in alliance with other partners supporting the work of adolescent pregnancy prevention. See details below:

a. In July, PASMO/Healthy Youth, participated in the Fifth National Population and Development Fair in the Central Park of San Pedro Sula to commemorate the World Population Day, this event was organized by UNFPA. PASMO presented the play “Sin Sentido” (Nonsense) that focuses on the issue of gender equality and its relation to the prevention of adolescent pregnancy, plus informative approaches were made to the participant population in general. The theater group belongs to Instituto Copantl of Colonia Rivera Hernandez.

b. During this quarter PASMO/ Healthy Youth has participated in several coordination meetings and supported the Office of the First Lady, Adolescent Technical Group, PAHO, World Vision, Go Joven, Plan International, regarding:

- Workshops for the development of the Intersectoral Plan for Pregnancy Prevention of Adolescents.
  - Planning and organization of the meeting of the International Meeting of Adolescents and Young People on the occasion of the **First Summit “Alliance for Pregnancy Prevention of Adolescents”**, with the participation of the First Ladies of Central America and Dominican Republic to be held in October 2014.
- a. Healthy Youth staff participated in the socialization of SIFPO Honduras Project (Support for International Family Planning Organizations), recently launched by PASMO financially supported by USAID, with the principal objective of documenting best practices with proven evidence in the fields of sexual and reproductive health and the prevention of youth violence in Honduras, El Salvador and Guatemala.

These practices will be used to create an advocacy toolkit to promote an enabling policy environment for investment in this area of work.

- b. During the quarter PASMO/Healthy Youth has continued to coordinate and collaborating with AMDA, Go Joven and Honduran Red Cross, Honduras, National Institute for Women/SPS, Save The Children, World Vision, IHSS, Technical Group of the San Miguel District, especially to perform social mobilization, training workshops for adolescent pregnancy prevention in common work areas for PASMO and these organizations, which will be pursued by the rest of the year to recruit non-schooled young people
- c. PASMO/Healthy Youth participated in two meetings to review the "Manual of Health Promotion for the prevention of STIs and HIV," this process is led by the Dirección de Normalización and the Department of STI/HIV/AIDS with the technical assistance of AIDSTAR Plus.
- d. In September PASMO collaborated helping to complete a survey carried out by Future Institute/Future Group that is conducting a study on Family Planning in in 85 countries.

## **VII. GENDER COMPONENT**

In accordance with the gender strategy the second phase of the training aimed at staff of PASMO Honduras was conducted with the participation of all those involved in the Project, e.g.: sales, administration, teachers, educators and Country Director.

The issues that required further discussion were: social construction of gender, topics to be further left, the social construction of gender, which allowed visualization of the need to establish a process of behavior change regarding gender roles, because as expressed machismo still exists in the context of PASMO in which there is a high degree of awareness regarding vulnerable populations. The point referred to by the participants as part of a possible follow-up process is the operationalization of the gender perspective in the development of projects.

In addition, as part of the training phase it was indicated that when speaking of violence and expressions, the team of Healthy Youth Project highlighted from daily experiences in the violent context in which approaches are developed, the problems faced regarding their personal safety, modifications of the interventions and motivational aspects that influence the perception of the team welfare and the population they are working with.

It became clear that addressing the prevention of violence is a major challenge for each of the participants and that it is necessary to establish methodologies that allow to

transmit messages of empowerment of women and girls and non-violence. However, these methodologies should take into account the social dynamics of violence in the areas where PASMO interventions are made.

PASMO/Guatemala Regional Office, through the expert in gender, will continue to provide support to the Healthy Youth Project, to strengthen the implementation of the defined Gender Strategy and improve the monitoring and evaluation system from a more qualitative perspective that reflects the peculiarities with regard to the gender approach in the Project, in the next quarter we will ensure this approach become a reality in the methodological manual on pregnancy prevention for adolescents and non-schooled young people.

A strengthening plan was developed on gender issues for the Healthy Youth Project staff and other PASMO personnel to generate attitudinal changes in personnel and improve the quality of interventions related to the adolescent pregnancy prevention and violence prevention, also includes spaces/catharsis meetings and resolution of specific situations during the upcoming fiscal year 2015.

A meeting was held with the Gender Program of the Secretariat of Health where beyond concrete actions it was raised the need to continue to establish alliances for the implementation of the gender approach, from the Secretariat of Health in the government spaces and from organizations such as PASMO from the spaces of intervention, such as civil society.

It was possible to document a success story related to the work done by a teacher in the Basic Education Center Carlos Roberto Reina of Colonia Rosalinda of Comayaguela, Central District. (See Annex X)

**Activities for the next quarter:**

- Conduct two activities of analysis and reflection to deepen gender inequality from its social character, emphasizing the impact on employment levels, and discuss proposed adaptations of approaches with adolescents and young people and influencing the participants need to continue the self-analysis process and behavioral changes that allow conditions comparable between genders. To this end, it shall be taken as a reference the International Day of Man to be held on November 19 and the International Day for the Elimination of Violence against women to be held on November 25.

## VIII. FINANCIAL REPORT

In terms of USAID financial execution, PSI / PASMO has executed during quarter 4 fiscal year 2014 a total of \$ 144,230.02 and cumulative total project until Q4 FY 2014 \$ 925,176.80; the execution represents 78,7% of the \$ 1,175,000 total budget.

| Description   | USAID               | Cost Share          | Total               |
|---|---------------------|---------------------|---------------------|
| Total funds obligated at beginning of fiscal year 2013    | \$400.000,00        | \$400.000,00        | \$800.000,00        |
| New funds obligated for FY 2014                           | \$450.000,00        | \$450.000,00        | \$900.000,00        |
| New funds obligated for FY 2015                           | \$325.000,00        | \$325.000,00        | \$650.000,00        |
| Cumulated expenditures at the beginning of the Q4/FY 2014 | \$780.946,78        | \$589.299,01        | \$1.370.245,79      |
| Pipeline at the beginning of the Q4/FY 2014               | \$394.053,22        | \$585.700,99        | \$979.754,21        |
| <b>Total available</b>                                    | <b>\$394.053,22</b> | <b>\$585.700,99</b> | <b>\$979.754,21</b> |
| Expenditures for the reported Q4/ FY 2014                 | \$144.230,02        | \$59.264,08         | \$203.494,10        |
| Pipeline at the end of the reported Q4/ FY 2014           | \$249.823,20        | \$526.436,91        | \$776.260,11        |
| Estimated expense burn rate for Q1/ FY 2015               | \$62.500,00         | \$100.000,00        | \$162.500,00        |
| Number of quarters of pipeline remaining                  | 4,00                | 5,26                | 4,78                |

## IX. LESSONS LEARNED

- a. After completing the first two fiscal years of the Healthy Youth Project implementation, we have come to conclude that the overall goal of non-schooled Young people was very high compared to the number of young people existing or accessible in priority areas; this helped us to creatively rethink the strategies of recruitment and approaches; learned that for setting goals we must have good knowledge of the specific context in which the project will be developed, otherwise it is difficult to ensure their compliance.
- b. When starting the Healthy Youth Project, the educational program for non-schooled young people comprising 10 issues to be developed during 40 hours was designed; however the reality found in terms of willingness and availability of time of these young people made us do different methodological and content adaptation based on previous experience PASMO with vulnerable populations, ranging from 1 to 16 hours.

- c. PASMO has coordinated with various partners both CARSI implementers and other partners to address the young beneficiaries of these partners, but the constant is that the vast majority of young beneficiaries of all these organizations are young people enrolled in the school system. However we approached them because they belong to vulnerable areas prioritized by the Project.
- d. After evaluating the hearing level of the program “En Conexión Radio”, it is possible to value that in order to reach specific populations, in this case, young people living in neighborhoods of high violence incidence, the best way to address them is through interpersonal communication actions being the use of mass media which is a very high-cost tool.

## **X. KEY FINDINGS**

- a. Despite the difficulty of recruiting young people who neither study nor work (NINIS), it has been possible to have positive achievements with some of the strategies implemented in the quarter such as loudspeakers and snowball, however the cost was financially quite high in relation to the amount of non-schooled young people intervened, which is consistent with the experience of working with other hard to reach populations such as populations at higher risk of being infected with HIV (MARPs).
- b. Work with educational centers is vital to continue to strengthen them as the potential impact on prevention of adolescent pregnancy is high due to the high volume of adolescents which can be reached with prevention messages, as well as considering that they are adolescents/young people living in neighborhoods of high levels of violence.
- c. PASMO/Healthy Youth, will continue to practice mechanisms and methodologies for recruiting non-schooled young people, as experienced in recent months the focus should be only through a unique intervention due to the difficult access to this population to make it part of a formation process, it is important to have the approval of requested changes to the PMP to consider a young fellow reached with only a unique intervention.
- d. Given the limited financial resources for fiscal year 2015 and the low ratings of the radio program "En Conexión Radio" we conclude that by 2015 the resources should be focused on interpersonal communication activities as they are more effective in reaching specific populations.

## **XI. LIST OF KEY PERSONNEL INVOLVED IN THE PROJECT IMPLEMENTATION.**

- Julio Zúniga, Country Manager
- Perla Alvarado, Program Manager
- Allan Palma, Monitoring and Evaluation
- Alberto Vásquez, Program Technical Assistance
- Marco Tábor, Supervisor BCC
- Karla López, Administrative Manager
- Elvin Núñez, Sales Manager
- Jorge Rivas, Research Department, PSI/PASMO/Regional

## XII. ANNEXES

### Annex 1:

| <b>Tabla N° 1</b>  |  |              |            |              |
|--|--|--------------|------------|--------------|
| <b>Non-schooled Adolescents and young people trained in pregnancy prevention</b> |  |              |            |              |
| July to September 2014. Source: SAM/PASMO  |  |              |            |              |
| <b>Municipality</b>  | <b>Name of the place and/or strategic partner</b>  | <b>Women</b> | <b>Men</b> | <b>Total</b> |
| <b>La Ceiba</b>  | In search of Non-schooled population: Barrio la Isla   | 1            | 5          | 6            |
|  | In search of Non-Schooled population: Sport fields El Sauce  | 5            | 5          | 10           |
|  | Recreovia in coordination with the Police Prevention Office of La Ceiba: Col. El Bufalo                                | 3            | 6          | 9            |
|  | In search of Non-Schooled population: Muelle Fiscal  | 3            | 1          | 4            |
|  | In coordination with the Municipal Office of Women: Parque Central   | 13           | 7          | 20           |
|  | Búsqueda de población No Escolarizada: Playa Los Maestros/ paseo los Ceibeños  | 14           | 4          | 18           |
| <b>Tela</b>  | In search of Non-schooled population: Soccer Field, Col Grant.   | 0            | 9          | 9            |
| <b>Sub Total</b>   |  | <b>39</b>    | <b>37</b>  | <b>76</b>    |
| <b>Valle de Sula (SPS, Choloma, Villanueva, La Lima)</b>                         | Casita de Adolescentes IHNFA   | 40           | 1          | 41           |
|  | Municipality of SPS/Expocentro   | 389          | 327        | 716          |
|  | FUASIF, Lomas del Carmen, SPS  | 119          | 104        | 223          |
|  | FUNADEH  | 33           | 30         | 63           |
|  | Evangelical Church Puerta al Cielo (Door to Heaven), Bordo de Rio Blanco   | 80           | 51         | 131          |
|  | INFOP  | 36           | 106        | 142          |
|  | Instituto Técnico Sampedrano   | 3            | 145        | 148          |
|  | INAM, Villanueva   | 25           | 28         | 53           |
| <b>Sub Total</b>   |  | <b>725</b>   | <b>792</b> | <b>1517</b>  |
| <b>DC</b>  | AGANAR Villanueva  | 6            | 4          | 10           |
|  | CALFFAA  | 21           | 24         | 45           |
|  | Festival Caring for my Health and for my Life with Talent in coordination with CARSI partners: Soccer field San Miguel | 46           | 28         | 74           |
|  | Educational Fair with INL: Sport Fields Col. Alemán  | 12           | 8          | 20           |
|  | CDA San Martin   | 3            | 11         | 14           |
|  | CDH San Miguel   | 1            | 5          | 6            |
|  | CESAMO, Las Crucitas   | 10           | 6          | 16           |
|  | Think it Over Bus, AJH: Col. Ramon Amaya Amador  | 6            | 8          | 14           |

|                           |   |            |            |             |
|---------------------------|---|------------|------------|-------------|
|                           | Recreoía for peace, Col. San Miguel, Calle Principal          | 3          | 5          | 8           |
|                           | Educational Fair coordinated with IHSS Col. Villa Vieja       | 0          | 3          | 3           |
|                           | Naval Force of Honduras                                       | 0          | 1          | 1           |
|                           | Hogares CREA Las Torres, Los Robles                           | 38         | 21         | 59          |
|                           | Fair in coordination with COMVIDA: Parque Central Tegucigalpa | 4          | 4          | 8           |
|                           | Red Cross Las Crucitas: Valle de Angeles                      | 3          | 2          | 5           |
| <b>Sub Total</b>          |   | <b>153</b> | <b>130</b> | <b>283</b>  |
| <b>Total Non-Schooled</b> |   | <b>917</b> | <b>959</b> | <b>1876</b> |

## ANNEX 2:

| Table N° 2   |   |        |      |           |
|--|---|--------|------|-----------|
| Schooled young people intervened through implementation of the Methodological Guides “Caring for my Health and my Life”. |   |        |      |           |
| July to September 2014.  |   |        |      |           |
| Source: SAM/PASMO  |   |        |      |           |
| Municipality   | Educational Center                      | Female | Male | Sub total |
| La Ceiba   | CEB Jose Valentin Vasquez               | 287    | 307  | 594       |
|  | CEB Juan Pineda Carías                  | 156    | 141  | 297       |
|  | CEB Marcio Rene Espinal                 | 150    | 126  | 276       |
|  | CEB Rafael Pineda Ponce                 | 23     | 14   | 37        |
|  | Escuela Marco Antonio Ponce             | 81     | 99   | 180       |
|  | Escuela Policarpo Paz García            | 119    | 115  | 234       |
|  | Inst. Manuel Bonilla                    | 11     | 14   | 25        |
|  | Instituto Técnico del Litoral Atlántico | 18     | 9    | 27        |
| Sub Total  |   | 845    | 825  | 1670      |
| Tela   | CEB Benjamín Munguía                    | 143    | 173  | 316       |
|  | CEB Esteban Guardiola                   | 219    | 205  | 424       |
|  | CEB Luis Bográn                         | 47     | 57   | 104       |
|  | CEB Marco Aurelio Soto                  | 110    | 119  | 229       |
|  | Escuela Grevil Avelar Chávez            | 40     | 49   | 89        |
|  | Escuela Maria Antonia Paz               | 53     | 61   | 114       |
|  | Escuela Zenobia Rodas de Leon           | 42     | 46   | 88        |
| Sub total  |   | 654    | 710  | 1364      |
| Choloma  | CEB Maria Antonieta Criveli             | 108    | 109  | 217       |
|  | Escuela República de Japón              | 38     | 56   | 94        |
|  | Escuela Augusto C. Coello               | 33     | 30   | 63        |
| Sub Total  |   | 179    | 195  | 374       |
| La Lima  | Alfonso Hernandez Cordova, Instituto    | 431    | 303  | 734       |
|  | CEB Republica de Honduras               | 171    | 136  | 307       |
|  | CEB Mirtha Torres De Mejia              | 340    | 320  | 660       |
|  | Sub Total                               | 942    | 759  | 1701      |
| San Pedro Sula   | CEB Dr. Presentacion Centeno            | 469    | 477  | 946       |
|  | Instituto Copantl                       | 122    | 107  | 229       |
|  | Instituto Modesto Rodas Alvarado        | 256    | 175  | 431       |
| Sub total  |   | 847    | 759  | 1606      |
| Villa Nueva  | CEB José Trinidad Cabanas               | 316    | 151  | 467       |
|  | Escuela Gabriela Mistral                | 138    | 124  | 262       |
|  | Escuela Minerva                         | 193    | 224  | 417       |
| Sub total  |   | 647    | 499  | 1146      |
| Central District   | CEB Carlos Roberto Reina                | 85     | 58   | 143       |

|                  |                                 |              |              |              |
|------------------|---------------------------------|--------------|--------------|--------------|
|                  | CEB Desarrollo Juvenil          | 275          | 240          | 515          |
|                  | CEB Estado de Israel            | 173          | 192          | 365          |
|                  | CEB Juan Ramon Molina           | 58           | 77           | 135          |
|                  | CEB Rafael Antonio Castillo     | 112          | 107          | 219          |
|                  | Escuela General José San Martín | 38           | 40           | 78           |
|                  | Escuela Ibrahin Gamero          | 5            | 5            | 10           |
|                  | Escuela Jorge Fidel Duron       | 33           | 31           | 64           |
|                  | Escuela María Elena Santa María | 130          | 140          | 270          |
|                  | Escuela Mary Flakes de Flores   | 5            | 5            | 10           |
|                  | Escuela Rafael Pineda Ponce     | 90           | 105          | 195          |
|                  | Instituto República de México   | 5            | 5            | 10           |
| <b>Sub total</b> |                                 | <b>1009</b>  | <b>1005</b>  | <b>2014</b>  |
| <b>Total</b>     |                                 | <b>5,123</b> | <b>4,752</b> | <b>9,875</b> |

### ANNEX 3:

| <b>Table N° 3</b>  |                                      |               |             |              |
|--|--------------------------------------|---------------|-------------|--------------|
| Summary  |                                      |               |             |              |
| Schooled Young People Intervened in CDA, Youth Networks, Community Organizations and Government institutions |                                      |               |             |              |
| July to September 2014.  |                                      |               |             |              |
| Source: SAM/PASMO  |                                      |               |             |              |
| <b>Municipality</b>  | <b>Place name</b>                    | <b>Female</b> | <b>Male</b> | <b>Total</b> |
| <b>Tela</b>  | Campo de Fútbol, Col Grant           | 0             | 1           | 1            |
| <b>Sub Total</b>   |                                      | <b>0</b>      | <b>1</b>    | <b>1</b>     |
| <b>DC</b>  | A GANAR Villanueva                   | 10            | 7           | 17           |
|  | CALFFAA                              | 102           | 131         | 233          |
|  | Cancha de Fútbol San Miguel          | 125           | 125         | 250          |
|  | Canchas Deportivas Col. Alemán       | 58            | 31          | 89           |
|  | CDA San Martín                       | 6             | 11          | 17           |
|  | CDH San Miguel                       | 2             | 4           | 6            |
|  | CEB Desarrollo Juvenil               | 126           | 124         | 250          |
|  | CESAMO, Las Crucitas                 | 6             | 2           | 8            |
|  | Col. Flor del Campo, Calle Principal | 6             | 5           | 11           |
|  | Col. Ramón Amaya Amador              | 42            | 43          | 85           |
|  | Col. San Miguel, Calle Principal     | 2             | 6           | 8            |
|  | Col. Villa Vieja                     | 3             | 3           | 6            |
|  | Esc. Jorge Fidel Duron               | 14            | 17          | 31           |
|  | Esc. Mary Flakes de Flores           | 37            | 17          | 54           |
|  | Fuerza Naval                         | 37            | 41          | 78           |
|  | Instituto República de México        | 87            | 36          | 123          |
|  | Parque Central Tegucigalpa           | 19            | 7           | 26           |
|  | Parque el Piliguin                   | 39            | 24          | 63           |
| <b>Sub Total</b>   |                                      | <b>721</b>    | <b>634</b>  | <b>1355</b>  |
| <b>Valle de Ángeles</b>  | Cruz Roja, Valle de Angeles          | 3             | 2           | 5            |
| <b>Sub Total</b>   |                                      | <b>3</b>      | <b>2</b>    | <b>5</b>     |
| <b>Total</b>   |                                      | <b>724</b>    | <b>637</b>  | <b>1,361</b> |

#### **ANNEX 4: Success Story (PENDIENTE- KATIE)**

## ANNEX 5: Performance Monitoring Board (July- September, 2014)

| Performance Monitoring Board   |  |             |                           |                            |                      |           |            |             |            |                   |                       |
|--|--|-------------|---------------------------|----------------------------|----------------------|-----------|------------|-------------|------------|-------------------|-----------------------|
| Indicator  | Definition<br>(Include unit of measurement)  | Global goal | Data Collection Frequency | Obtained Results           |                      |           |            |             |            |                   |                       |
|  |  |             |                           | Baseline<br>(Final year 1) | Year 2 goal          | Year 2    |            |             |            |                   | Total Cumulative      |
|  |  |             |                           |                            |                      | Quarter I | Quarter II | Quarter III | Quarter IV | Cumulative Year 2 |                       |
| Sub IR 1: Increasing knowledge on sexual and reproductive health on teenagers and young adults.  |  |             |                           |                            |                      |           |            |             |            |                   |                       |
| Number of adolescent and young adults that receive comprehensive sexual and reproductive health (SRH) education in an integral manner. | Number of adolescents and young adults who received the (SRH) training program according to each age range, as well as reference to adolescent-friendly health services (AFHS) and/or health units located within the prioritized areas of the Healthy Youth Program   | 37,709      | Quarterly                 | 1,876 <sup>i</sup>         | 17,202 <sup>ii</sup> | 566       | 754        | 5,031       | 12,256     | 6,351             | 20,484 <sup>iii</sup> |
| Number of schooled and unschooled adolescents and young adults trained as agents of change.  | Number of adolescents and young adults who have participated in a training program and have achieved a minimum of 90% on the program's final evaluation upon the following subjects: <ul style="list-style-type: none"><li>Leadership in Communication for Behavioral Change in Health</li><li>Management of peer education methodology</li><li>Training in sexual</li></ul> | 250         | Quarterly                 | 45                         | 150                  | 73        | 0          | 53          | 20         | 126               | 191                   |

| Performance Monitoring Board  |  |             |                           |                            |             |           |            |             |            |                   |                  |
|---|--|-------------|---------------------------|----------------------------|-------------|-----------|------------|-------------|------------|-------------------|------------------|
| Indicator   | Definition<br>(Include unit of measurement)  | Global goal | Data Collection Frequency | Obtained Results           |             |           |            |             |            |                   |                  |
|   |  |             |                           | Baseline<br>(Final year 1) | Year 2 goal | Year 2    |            |             |            |                   | Total Cumulative |
|   |  |             |                           |                            |             | Quarter I | Quarter II | Quarter III | Quarter IV | Cumulative Year 2 |                  |
|   | and reproductive health (SRH) with emphasis on pregnancy prevention  |             |                           |                            |             |           |            |             |            |                   |                  |
| Percentage of adolescents and young adults that have negative attitudes towards the perpetration of intimate partner violence (or who consider intimate partner violence as a less than acceptable act) | Percentage of adolescents and young adults who participated in the Health Youth Program who consider intimate partner violence as a socially acceptable act  | N/A         | End of Project (2015)     | 52.3%                      | N/A         | N/A       | N/A        | N/A         | N/A        | N/A               | N/A              |
| Number of youth who received sexual and reproductive health services at SSAA and/or NGO.  | Number of adolescents and young adults who utilized sexual and reproductive health services, that is those services that offer integral care, like adolescent care clinics, maternal and child health clinics, hospitals, and/or NGOs associated with sexual and reproductive health and pregnancy prevention. | N/A         | Quarterly Accumulated     | 0                          |             | 0         | 0          | 0           | 0          | 0                 | 0                |

| Performance Monitoring Board  |  |             |                           |                            |             |           |            |             |            |                   |                  |
|---|--|-------------|---------------------------|----------------------------|-------------|-----------|------------|-------------|------------|-------------------|------------------|
| Indicator   | Definition<br>(Include unit of measurement)  | Global goal | Data Collection Frequency | Obtained Results           |             |           |            |             |            |                   |                  |
|   |  |             |                           | Baseline<br>(Final year 1) | Year 2 goal | Year 2    |            |             |            |                   | Total Cumulative |
|   |  |             |                           |                            |             | Quarter I | Quarter II | Quarter III | Quarter IV | Cumulative Year 2 |                  |
| Number of condom distribution points that are active in geographic areas prioritized by the Program.      | Number of establishments (convenience stores, mini-markets, pharmacies, pool halls, etc.) opened, supervised and supplied by PASMO and/or distributors in the geographic areas of the Healthy Youth Program/PSI/PASMO.   | 405         | Quarterly Accumulated     | 147                        | 135         | 53        | 29         | 40          | N/A        | 122               | 269              |
| Number of condoms distributed   | Number of condoms delivered to adolescent and young adults through any of the establishments (convenience stores, grocery stores, mini-markets, pharmacies, pool parlors, etc.), opened, supervised and supplied by PASMO and/or distributors within the geographic areas of the Healthy Youth Program/PSI/PASMO |             | Quarterly Accumulated     | 2,085,351                  |             | 581,184   | 230,645    | 65,296      | 93,801     | 970,926           | 3,056,277        |
| Percentage of adolescents and young adults who mention at least two distribution points where condoms are | Percentage of youth and young adults who mention at least two condom distribution points. Distribution points are defined as any business (ie convenience stores,  | N/A         | End of project (2015)     | 76.2%.                     | N/A         | N/A       | N/A        | N/A         | N/A        | N/A               | N/A              |

| Performance Monitoring Board  |   |             |                           |                            |             |           |            |             |            |                   |                  |
|---|---|-------------|---------------------------|----------------------------|-------------|-----------|------------|-------------|------------|-------------------|------------------|
| Indicator   | Definition<br>(Include unit of measurement)   | Global goal | Data Collection Frequency | Obtained Results           |             |           |            |             |            |                   |                  |
|   |   |             |                           | Baseline<br>(Final year 1) | Year 2 goal | Year 2    |            |             |            |                   | Total Cumulative |
|   |   |             |                           |                            |             | Quarter I | Quarter II | Quarter III | Quarter IV | Cumulative Year 2 |                  |
| accessible.   | minimarkets, markets, pool halls, etc).   |             |                           |                            |             |           |            |             |            |                   |                  |
| Percentage of adolescents and young adults that mention the benefits of double protection (condoms and hormonal contraceptive methods). | Number of adolescents and young adults mention the following benefits of double protection: The correct and consistent use of the condom along with the use of a hormonal contraceptive method (pills, injectable contraceptives and/or intra-uterine devices) to protect from pregnancy. Correct and consistent use of the condom protects from pregnancy, HIV and STIs. | N/A         | End of project (2015)     | 66.8%                      | N/A         | N/A       | N/A        | N/A         | N/A        | N/A               | N/A              |
| Percentage of adolescents and young adults that report perception of a personal risk of pregnancy.                                      | <ul style="list-style-type: none"> <li>Number of adolescents and young adults who are aware that:</li> <li>Having unprotected vaginal intercourse puts them at risk of pregnancy. (By protection we refer to the correct and consistent use of any modern contraceptive method, including the condom).</li> <li>That the use of modern</li> </ul>                         | N/A         | End of Project (2015)     | 55.7%                      | N/A         | N/A       | N/A        | N/A         | N/A        | N/A               | N/A              |

| Performance Monitoring Board   |   |             |                           |                            |             |           |            |             |            |                   |                  |
|--|---|-------------|---------------------------|----------------------------|-------------|-----------|------------|-------------|------------|-------------------|------------------|
| Indicator  | Definition<br>(Include unit of measurement)   | Global goal | Data Collection Frequency | Obtained Results           |             |           |            |             |            |                   |                  |
|  |   |             |                           | Baseline<br>(Final year 1) | Year 2 goal | Year 2    |            |             |            |                   | Total Cumulative |
|  |   |             |                           |                            |             | Quarter I | Quarter II | Quarter III | Quarter IV | Cumulative Year 2 |                  |
|  | contraceptive methods prevents pregnancy.   |             |                           |                            |             |           |            |             |            |                   |                  |
| Percentage of adolescents that proposed the use of a condom to their partner during their last sexual intercourse.       | Number of adolescents and/or young adults that proposed condom use to their partner during his/her last sexual intercourse to prevent pregnancy and/or HIV/STIs.                | N/A         | End of Project (2015)     | 58.8%                      | N/A         | N/A       | N/A        | N/A         | N/A        | N/A               | N/A              |
| Percentage of adolescents and Young adults that used a modern contraceptive method during their last sexual intercourse. | Percentage of adolescents and young adults their last sexual intercourse means having used oral contraceptives, injectable contraceptives, condom and/or intra-uterine devices. | N/A         | End of Project (2015)     | 61.9%.                     | N/A         | N/A       | N/A        | N/A         | N/A        | N/A               | N/A              |
| Percentage of adolescents that delay their sexual debut.   | Percentage of adolescents have not yet initiated any sexual relationship.   | N/A         | End of Project (2015)     | 62.6%                      | N/A         | N/A       | N/A        | N/A         | N/A        | N/A               | N/A              |
| Percentage of adolescents that had vaginal intercourse in the last year.   | Percentage of adolescents had vaginal sexual intercourse in the twelve months preceding the day of the survey.  | N/A         | End of Project (2015)     | 37.4%                      | N/A         | N/A       | N/A        | N/A         | N/A        | N/A               | N/A              |

| Performance Monitoring Board                                   |   |             |                           |                            |             |           |            |             |            |                   |                  |
|--|---|-------------|---------------------------|----------------------------|-------------|-----------|------------|-------------|------------|-------------------|------------------|
| Indicator  | Definition<br>(Include unit of measurement)   | Global goal | Data Collection Frequency | Obtained Results           |             |           |            |             |            |                   |                  |
|  |   |             |                           | Baseline<br>(Final year 1) | Year 2 goal | Year 2    |            |             |            |                   | Total Cumulative |
|  |   |             |                           |                            |             | Quarter I | Quarter II | Quarter III | Quarter IV | Cumulative Year 2 |                  |
| Number of pregnant women aged 19 or less during the last year. | Number of women at the time of the survey, report being pregnant with confirmation of the health personnel. | N/A         | End of Project (2015)     | 12.2%                      | N/A         | N/A       | N/A        | N/A         | N/A        | N/A               | N/A              |

<sup>i</sup> Adolescents and Young People that received comprehensive sexual and reproductive health (SRH) education in an integral manner (4 themes), October 2012 to September 2013.

<sup>ii</sup> The goal for year 2 is **in-school youth and adolescents out-of-school youth and adolescents**.

<sup>iii</sup> Adolescents and Young People that received comprehensive sexual and reproductive health (SRH) education in an integral manner (4 themes), from October 2012 to September 2014.